

TRANS IN THE SOUTH

A GUIDE TO RESOURCES AND SERVICES

**UPDATED
SEPTEMBER 2016**



WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH

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DISCLAIMER:

This document provides information about acquiring medical or attorney referrals; it is not medical or legal advice. Moreover, due to the rapidly changing nature of the law and our reliance on information provided by outside sources, we make no warranty or guarantee.

HOW TO USE THIS RESOURCE GUIDE

Welcome to *Trans in the South: A Guide to Resources and Services*. We're glad you found this resource guide, and hope it will assist you on your journey! In the following pages you'll find lists of service providers throughout the South, helpful terms, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be really difficult as a trans person in the South, especially if you don't know where to start, or who to reach out to. That's why we created this resource guide.

We use the word trans as an umbrella term to refer to anyone whose gender identity differs from the sex they were assigned at birth, including non-binary and gender diverse identities. If you want to learn more about other important terms, check out the glossary in the back of this guide.

Trans in the South offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia.



Resources in this guide are divided by type of services offered within each Southern state. So, if you're looking for an endocrinologist in South Carolina for example, just scroll down to South Carolina and look for the heading "ENDOCRINOLOGY."

I compiled these resources from trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly, I called each provider and spoke with the staff at that agency. I only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth, etc. These are marked with icons. We still encourage calling the provider you're interested in and asking about the specific services you're seeking.

This edition of *Trans in the South* was compiled in September of 2016 and can be downloaded at www.southernequality.org/transinthesouth, a shareable PDF file. We'll be collecting new resources and updating the guide annually moving forward. If you have additional resources, questions, or feedback, please email them to me at Ivy@southernequality.org.

I hope you'll find this guide helpful. Thanks for accessing *Trans in the South: A Guide to Resources and Services*!

Best Wishes,
Ivy Gibson-Hill
LGBT Rights Toolkit Coordinator, Campaign for Southern Equality

ICONS IN THIS GUIDE



Writes Letters - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.



Doesn't Write Letters - These providers report being trans-friendly; however they won't write the letters folks need to begin HRT, undergo surgery, or change gender markers legal documentation.



Requires Letter - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.



Informed Consent - These providers do not require a letter from a mental health professional to begin HRT.



Sees Adolescents - These providers will assist individuals under 18 with their medical transition.



Offers HRT - Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.



OB/GYN - These providers also offer pelvic exams for trans men.



Planned Parenthood - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.



Scheduling 6 Months to a Year Out - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.



Doesn't Take Insurance - These providers report that they don't accept any insurance.



Takes Insurance - These providers report accepting insurance.



Charges on a Sliding Scale - These providers report charging on a sliding scale based on need.



Free Sessions Available - Some providers report working with local clinics in order to provide free sessions to the clients who aren't able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.



Veterans Only - These providers only work with veterans.



Student Counseling Services - These providers are trans-friendly, but they are only available to students at their university.



ABOUT

THE CAMPAIGN FOR SOUTHERN EQUALITY

LGBT people live in every town across the South and 35% of all LGBT Americans call the South home. LGBT Southerners live each day with dignity and strength. But the fact remains that across the South, LGBT people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy. LGBT people in our region are also at an elevated risk of poverty. Beyond this, the South receives less than eight percent of the total annual funding that goes to LGBT organizations nationally. For these reasons, the South is often written off as “unwinnable.”

**LEARN MORE AT
WWW.SOUTHERNEQUALITY.ORG**

But we hold a different view about what’s possible in the South. To combat these structural issues, CSE was launched in 2011 after a six-year planning period to work toward full LGBT equality in the South. We are

based in Asheville, NC, and work across the South.

We feel deeply hopeful and we also know what’s at stake for so many in our community. This combination of hope and urgency fuels and inspires us.

THE LGBT RIGHTS TOOLKIT



The Campaign for Southern Equality’s LGBT Rights Toolkit responds directly to the needs of our community. We focus on providing programs and services to help LGBT Southerners understand and protect their rights and access services and resources to live healthy, thriving lives. Current programs include our digital toolkit (www.lgbtrightstoolkit.org); pop-up clinics that provide direct services and resources such as name change clinics; and providing training, networking and funding to support frontline providers of culturally-competent direct services.

**VISIT ONLINE AT
WWW.LGBTRIGHTSTOOLKIT.ORG**



ALABAMA



MENTAL HEALTH



Jane Brown MA, LPC

2305 Arlington Ave.
Birmingham, AL 35205
205.933.9276
brownjane@earthlink.net
www.adultandchilddevelopment.com



Susan E. Riser PhD LPC

5510 Wares Ferry Rd. Suite U3
Montgomery, AL 36117
334.387.2317
seriser@bellsouth.net



David Goldberg PsyD

400 Office Park Drive #120
Birmingham, AL 35223
205.380.6304
dr.davidgoldberg@gmail.com
www.drgoldberg.net

HIV CARE

Thrive Alabama

600 St. Clair Avenue
Building 3
Huntsville, AL 35801
256.536.4700
www.thrivealabama.org

The Hames Clinic -

*(Free Testing, Counseling, Med Program,
Housing Assistance)*

Thrive Alabama
112 S. Pine Street
Suite 202
Florence, AL 35630
256.764.0492
www.thrivealabama.org

Albertville Clinic - *(Free Testing,
Med Program, Housing Assistance)*

Thrive Alabama
201 E. McKinney Avenue
Suite A
Albertville, AL 35950
256.660.5127

AIDS Alabama -

*(Counseling Services
& Housing Assistance)*
3529 7th Avenue S
Birmingham, Alabama 35222
205.324.9822
www.aidsalabama.org

ENDOCRINOLOGY



Dr. Huey McDaniel *(HRT offering changes quarterly)*

1700 Spring Hill Ave.
Mobile, AL 36604
251.435.1200



Dr. Scott Weisberg

2151 Highland Ave.
South Suite 320
Birmingham, AL 35205
205.877.8677
homewoodfamilymedical@yahoo.com



The **Arkansas Transgender Equality Coalition** maintains an expansive list of trans-friendly providers in Arkansas. Below are links to access their lists of providers:

MENTAL HEALTH

www.artranscoalition.org/mental-health

GENERAL PRACTITIONERS & ENDOCRINOLOGISTS

www.artranscoalition.org/physical-health

HIV CARE

www.artranscoalition.org/hiv-aids-resources

To report out of date information or to add additional resources to Arkansas Transgender Equality Coalition's guide email them at admin@artranscoalition.org or give them a call at 316.768.7267.



FLORIDA



MENTAL HEALTH

Coral Schlosberg Arvon

PhD, LMFT, LCSW
2999 NE 191st St. Suite 703
Aventura, FL 33180
305.936.8000
corarv@aol.com



Barbara LoFrisco LMHC, LMFT

6811 N Central Ave.
Tampa, FL 33604
813.404.9215
counselorbarb@earthlink.net
www.counselorbarb.com



Mary G. Davenport PhD

1608 Oak St.
Sarasota, FL 34236
941.366.3134



Lisa J. Moore LMHC

1732 Kingsley Ave. Suite 1
Orange Park, FL 32073
904.269.2931

Deborah Huntley PhD

1608 Oak St.
Sarasota, FL 34236
941.366.2442



Anagloria Mora

PhD, LMHC, CCS
6861 SW 51st St.
Miami, FL 33155
305.333.2263
dranagloriamora@aol.com
www.dranagloriamora.com



Adele Kates & Associates PA

1 NE 168th St.
North Miami Beach, FL 33162
305.651.6442



Bonnie R. Saks MD

3333 W Kentucky Blvd.
Tampa, FL 33609
813.354.9444



Eric Leever LMHC

607 Saint Lucie Crescent
Suite 106
Stuart, FL 34994
772.233.9982
eric@leevermhc.com
www.leevermhc.com



Dr. Lawrence Levy PsyD, PA

398 Camino Gardens Blvd.
Suite 207
Boca Raton, FL 33432
561.210.5125
954.495.8749
www.levypsychology.com

FLORIDA

ENDOCRINOLOGY



Dr. Christopher Estes

1611 NW 12th Ave.
Miami, FL 33136
305.243.3000



Brenda M. Barry

930 Lake Baldwin Ln.
Orlando, FL. 32814
407.898.1500 Ext. 10
WomenCare@cfl.rr.com



Dr. Sadaf Jeelani

4340 W. Newberry Rd. Suite 301
Gainesville, FL 32607
352.372.9414

GENERAL PRACTITIONERS



Ft. Myers Health Center

8595 College Parkway Suite 250
Ft. Myers, FL 33919
239.481.9999



Naples Center

1425 Creech Rd.
Naples, FL 34103
239.262.0301



Gainesville Health Center

914 NW 13th St.
Gainesville, FL 32601
352.377.0881



Orlando-Eastside Clinic

11500 University Blvd. Suite B
Orlando, FL 32817
321.235.5513



Dr. Michael Horseman

4410 W. Newberry Rd. Suite B
Gainesville, FL 32607
352.372.7800



Orlando-Westside Clinic

726 South Tampa Ave.
Orlando, FL 32805
407.246.1788



Immokalee Center

419 N First St.
Immokalee, FL 34142
239.262.0301



Pinellas Health Center

8950 Dr. Martin Luther
King Jr St. N #102
St. Petersburg, FL 33702
727.898.8199



Jacksonville Health Center

3850 Beach Blvd.
Jacksonville, FL 32207
904.399.2800



The Sally Bellamy Health Center

2121 W. Pensacola St. Suite B2
Tallahassee, FL 32304
850.574.7455



Lakeland Health Center

2250 E. Edgewood Dr.
Lakeland, FL 33803
863.665.5735



Sarasota Health Center

736 Central Ave.
Sarasota, FL 34236
941.953.4060



Manatee Health Center

1105 53rd Ave. East Suite 201
Bradenton, FL 34203
941.567.3800



MENTAL HEALTH



Eli Budd PhD, Psych

2300 Cheshire Bridge Rd.
Unit 101
Atlanta, GA 30324
404.873.5517
www.bebuddPhD.com



Anna Lisa Derenthal LPC, NCC

11285 Elkins Rd. Suite D4
Roswell, GA 30076
678.431.3901
annalisdenthal@gmail.com
www.annalisdenthal.com



Dr. Sally Herbert Psychiatrist

41 Lenox Point
North East Atlanta, GA 30324
404.842.0070



Karuna Counseling

1945 Mason Mill Rd. Suite 100
Decatur, GA 30033
404.321.4307
www.karunacounseling.com



Metropolitan Counseling Services

(Sliding Scale as low as \$25. If going through Health Initiative you can receive 8 free sessions.)
2801 Buford Hwy. Suite 470
Atlanta, GA 30329
404.321.1794
www.mcsatlanta.org



Erin Swenson

1708 Peachtree St.
NW Atlanta, GA 30309
404.312.5677 erin@erinswen.com
www.erinswen.com



GA Tech Counseling Center

353 Ferst Dr NW
Atlanta, GA 30313
404.894.9179



Equality Clinic



987 St. Sebastian Way
Augusta, GA 30901
762.218.2226

GEORGIA

ENDOCRINOLOGY



Dr. Vin Tangpricha

1365 Clifton Rd.
Emory Clinic Bldg A
Atlanta, GA 30322
404.778.3280



Trans Health Initiative

1924 Cliff Valley Way
Atlanta, GA 30329
404.728.7900 or 404.929.1742
transhealth@feministcenter.org
www.transhealthinitiative.org



Equality Clinic

987 St. Sebastian Way
Augusta, GA 30901
762.218.2226



GENERAL PRACTITIONERS



Dr. Mark Earhart

1612 Mars Hill Rd. Suite B
Watkinsville, GA 30677
706.769.1100

Dr. Joseph Smiddy

1700 Briarcliff Rd.
NE Atlanta, GA 30306
404.228.2648

Dr. Scott Parry

730 Ponce De Leon Place
Atlanta, GA 30306
404.541.0944
www.intownprimarycare.com



Trans Health Initiative

1924 Cliff Valley Way
Atlanta, GA 30329
404.728.7900



Equality Clinic

987 St. Sebastian Way
Augusta, GA 30901
762.218.2226



LEGAL RESOURCES

Dana P Shaffner

1842 Independence Square
Atlanta, GA 30338
770.551.9366



Equality Clinic

987 St. Sebastian Way
Augusta, GA 30901
762.218.2226





KENTUCKY



MENTAL HEALTH

Janet Vessels

1315 West Main St. A
Lexington, KY 40508
859.554.6028
janetvessels@hotmail.com



Dave Harmon & Associates

3934 Dixie Highway #510
Louisville, KY 40207
502.896.8006



Susan S. Mathews-Duvall PhD

2220 Executive Dr. #103
Lexington, KY 40505
859.227.9998
drmathewsduvall@gmail.com



ADDITIONS?

Email Ivy Gibson-Hill at
the Campaign for
Southern Equality at [ivy@
southernequality.org](mailto:ivy@southernequality.org)



LOUISIANA

MENTAL HEALTH



Joan Ellen Young LPC, NCC
New Orleans, LA
504.810.1450



Carlos Cuneo
3080 Teddy Dr. Ste A
Baton Rouge, LA 70809
225.923.8255



Bobby Kizer PhD
300 B Codifer Blvd.
Metairie, LA 70005
504.390.5782
kizer.bobby@gmail.com
www.bobbykizer.com

Terry Meyers MEd BCSW
1412 Thalia St.
New Orleans, LA 70130
504.524.5973

ENDOCRINOLOGY



Mary Melissa Albritton
2449 Hospital Dr.
Bossier City, LA 71111
318.212.7902



Brandy A. Panunti
610 John Churchill Chase,
Loft 10
New Orleans, LA 70130
504.842.3000

GENERAL PRACTITIONERS



Michele McCarthy Larzelere PhD
200 W. Esplanade Ave. #412
Kenner, LA 70065
504.471.2750
mlarze@lsuhsc.edu



Jennifer Garrett
1315 Antonine St
New Orleans, LA 70115
504.891.4015



Jamie Buth
1555 Poydras St. #405
New Orleans, LA 70112
504.558.3637



Michelle Simoneaux
711 N. Broad St.
New Orleans, LA 70119
504.988.3000



Rachana Sus
4770 S I-10 Service Road W #110
New Orleans, LA
504.988.8050



MISSISSIPPI



MENTAL HEALTH



Patricia Brawley PhD, LPC
McComb, MS
601.564.0174

Open Arms Healthcare Center
500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org



**Millsaps College
Counseling Services**

1701 N State St.
Jackson, MS 39202
601.974.1206
www.millsaps.edu/student_life/counseling_individual.php

**LGBT Mental Health Center
University of Mississippi
Med. Center**
2500 North State Street
Jackson, MS 39216
601.984.6925

ENDOCRINOLOGY



Arti Barnes University of Mississippi Med. Center
2500 North State Street
Jackson, MS 39216
601.984.5560
www.oahcc.org

GENERAL PRACTITIONERS



Arti Barnes University of Mississippi Med. Center
2500 North State Street
Jackson, MS 39216
601.984.5560
www.oahcc.org

Open Arms Healthcare Center
500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org

MISSISSIPPI

LEGAL RESOURCES

Bear Atwood (*Name change;
Gender Marker Change*)
360 Comet Drive
Jackson, MS 39206
601.940.3195
Bear@BearAtwoodAttorney.com

Dana Baumgartner
727 W. 5th St.
Laurel, MS 39440
601.422.8898
dana@bumgardnerlawoffice.com

Hays Burchfield (*Name change;
Gender Marker Change*)
Burchfield Law Firm, PLLC
15 N. Dunn St.
P.O. Box 733
Eupora, MS 39744
662.258.6633

Mississippi Center for Justice
(*Legal services for HIV+ individuals*)
5 Old River Place, Suite 203 (39202)
P.O. Box 1023
Jackson, MS 39215-1023
601.352.2269

Carey Reid Varnado
Montague, Pittman and Varnado, P.A.
Hattiesburg, MS
601.544.1234
cvarnado@mpvlaw.com

Robert McDuff and Sibyl Byrd
(*Name Change*)
McDuff and Byrd
767 N Congress St.
Jackson, MS 39202
601.969.0802

HIV CARE

AIDS Services Coalition
Hattiesburg, MS
601.450.4286
asc@megagate.com

Mississippi Center for Justice
(*Legal services for HIV+ individuals*)
5 Old River Place, Suite 203 (39202)
P.O. Box 1023
Jackson, MS 39215-1023
601.352.2269

Open Arms Healthcare Center
500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org



NORTH CAROLINA

MENTAL HEALTH



Dr. Mary Ellen Griffin

100 Central Ave
Asheville NC • 828.331.8100
Additional Office: 11 Schulman St.
Sylva, NC • 828.331.8100



Jen Oman

Asheville, NC 28806
480.351.0276



Kristin Carswell, MA, LPCS

383 Merrimon Ave. Suite C
Asheville, NC 28801
828.670.1275
kristin.carswell@gmail.com
www.manifestcounseling.com

Chandra Passero

2 S. Main St. Suite 28
Weaverville, NC 28787
828.337.2716



Peyton Kinnaird MA, LPCS

383 Merrimon Ave. Suite C
Asheville, NC 28801
828.775.5535
peytonkinnaird@gmail.com
www.manifestcounseling.com



Will Ray

Caring for Children
50 Reddick Rd.
Asheville, NC 28805
828.298.0186
will.ray@caring4children.org
www.caring4children.org



Tanya Stiers

168 S. Liberty St.
Asheville, NC 28801
828.713.7804



Duke Child and Adolescent Gender Care

2301 Erwin Rd.
Durham, NC 27701
919.684.8361
www.dukehealth.org



Dr. Jennifer Abbott

Transgender Health Project
WNC Community Health Services
285 Biltmore Ave.
Asheville, NC 28801
828.285.0622 Ext. 2303



Transgender Health Program

WNC Community Health Services
285 Biltmore Ave.
Asheville, NC 28801
828.285.0622 Ext. 2144
astyan@wncchs.org

NORTH CAROLINA

ENDOCRINOLOGY



Dr. Elizabeth Holt

2709 Blue Ridge Rd. Suite 320
Raleigh, NC 27607
919.876.7692



Shannon Hopson, MD

2544 Court Dr. Suite A
Gastonia, NC 28054
704.671.6400



Craig Speiser, MD

200 Medical Parks Dr.
Suite 460
Concord, NC 28025
704.403.1311



Dr. Thomas Marlowe

Charlotte Transgender
Healthcare Group
400 Clarice Ave.
Charlotte, NC 28204
704.348.4000



Dr. Deanna Adkins

Duke Child and
Adolescent Gender Care
2301 Erwin Rd.
Durham, NC 27701
919.684.8361
www.dukehealth.org

GENERAL PRACTITIONERS



Dr. Jennifer Abbott

285 Biltmore Ave.
Asheville, NC 28801
828.285.0622 Ext 2116



Dr. Rhett Brown

Charlotte Transgender
Healthcare Group
335 N. Caswell Rd.
Charlotte, NC 28204
704.384.7980



Carrboro Community Health Center

Piedmont Health
301 Lloyd St.
Carrboro, NC 27510
919.942.8741



Carrboro Pediatrics & Internal Medicine

27 Fidelity St.
Carrboro, NC 27510
919.933.8381
www.carrboropediatrics.com



Chapel Hill Health Center

1765 Dobbins Dr.
Chapel Hill, NC 27514
919.942.7762



Charlotte Health Center

4822 Albermarle Rd.
Suite 103 & 104
Charlotte, NC 28205
704.536.7233



Duke Child and Adolescent Gender Care

2301 Erwin Rd.
Durham NC, 27701
919.684.8361
www.dukehealth.org



Durham Health Center

105 Newsom St. Suite 101
Durham, NC 27704
919.286.2872



Fayetteville Health Center

4551 Yadkin Rd.
Fayetteville, NC 28303
866.942.7762



NORTH CAROLINA


Dr. Deanna C. Jones
(Not taking new patients)
1242 S 5th St. Suite C
Mebane, NC 27302
919.563.3007


 **Dr. Grace Ivins**
Living Well WNC
40 North Merrimon Avenue, Suite 305
Asheville, NC 28804
828.575.9562


Dr. Lauren Livingston
Community Family Practice
260 Merrimon Avenue, Suite 200
Asheville, NC 28801
828.254.2444

   **Planned Parenthood
Asheville
Health Center**
68 McDowell St.
Asheville, NC 28801
828.252.7928



  **Raleigh Health Center**
100 S. Boylan Ave.
Raleigh, NC 27603
919.833.7526



 **Dr. Lisa Reed**
MAHEC Family Health
Center at Newbridge
218 Elkwood Avenue
Asheville, NC 28804
828.257.4747
www.mahec.net/?/patient-information/family-health/newbridge

 **Student Health Services,
University of North Carolina
at Asheville**
118 W. T. Weaver Boulevard
Asheville, NC 28804
828.251.6520

 **Dr. Heidi Swygard**
CAPUS Clinic (Health Services for
Trans Women)
Wake County Health Department
10 Sunnybrook Rd
Raleigh, NC 27610
919.833.3111
www.advancechc.org/providers/heidi-swygard-md/

  **Transgender Health Program**
WNC Community
Health Services
285 Biltmore Ave.
Asheville, NC 28801
828.285.0622 Ext. 2144
astyan@wncchs.org

  **Wilmington
Health Center**
1921 & 1925 Tradd Ct.
Wilmington, NC 28401
910.762.5566

  **Winston-Salem
Health Center**
3000 Maplewood Ave.
Winston-Salem, NC 27103
336.768.2980

NORTH CAROLINA

LEGAL RESOURCES

Meghann K. Burke

(Name changes; gender marker changes)

Brazil and Burke, P.A.
77 Central Ave.
Asheville, NC 28801
828.255.5400
mburke@cobralawfirm.com
www.brazilburkelaw.com

Frank Goldsmith

Goldsmith, Goldsmith, and Dews, P.A.
Marion, NC
828.652.3000
www.goldsmithdews.com

Marion Groat

Parsons Laws
168 S. Liberty St.
Asheville, NC 28801
(828) 581-9LAW

Hart Law Group

93 Church St.
Asheville, NC 28801
828.271.4278
www.thehartlawgroup.com

Paula Kohut

Kohut & Adams, P.A.
513 Market Street
Wilmington, NC, 28401
910.815.4066
www.kohut.pro

Luke Largess

Tin Fulton Walker & Owen
Charlotte, NC
704.338.1220
www.tinfulton.com

PJ Roth

Marshall Roth and Gregory
Asheville, NC
828.281.2100
www.mrglawfirm.com

Jake Sussman

Tin Fulton Walker & Owen
Charlotte, NC
704.338.1220
www.tinfulton.com

Connie J. Vetter

Charlotte, NC
704.333.4000
www.cjvlaw.com

Diane Walton

(Gender marker changes)
Walton Law Office
Asheville, NC
828.255.1963
www.waltonlawoffice.com

LASER TREATMENT

Excellase Noushi Haeussler

2015 Fairview Rd
Raleigh, NC 27608
919.833.8484
www.excellase.com

SPEECH THERAPY

Patricia Handlon

Asheville, NC
828.213.0850

NORTH CAROLINA

HIV CARE

**Dr. Claire Farel, Dr. Heidi Swygard,
or Dr. Lisa Hightow-Weidman**

Trans Health Program (*PrEP Services*)
UNC Infectious Diseases Clinic
101 Manning Drive
First Floor Memorial Hospital
Chapel Hill, NC 27514
984.974.7198



**Infectious Diseases Clinic
(Clinic B)**

Wake County Health Department
General: 919.250.3999
Case management for people living
with HIV/AIDS: 919.212.7801



Dr. Heidi Swygard

Wake County Health Department (*PrEP Services*)
Men's Health Clinic offers services to
trans folks
www.advancechc.org/providers/heidi-swygard-md/



**Transgender Health
Program, WNC**

Community Health Services

285 Biltmore Ave. (*PrEP Services*)
Asheville, NC 28801
828.285.0622 Ext. 2303

MORE RESOURCES IN NORTH CAROLINA

Charlotte Transgender Health Group maintains an expansive list of trans-friendly providers in the Charlotte area:

The Charlotte Transgender Healthcare Group (CTHCG) is a multi-disciplinary team of licensed medical and mental health providers who work with gender-diverse individuals of all ages in the Charlotte and surrounding area. They collaborate with one another in order to stay informed about best practices, engage in case consultation, collect resources and referrals for trans-affirming services, communicate about current events, and engage in advocacy efforts.

Below are links to their service provider guides:

- Mental Health Professionals Who Work with Adolescents: www.cthcg.org/mental/youth
- Mental Health Professionals for Adults: www.cthcg.org/adult
- Endocrinologists and General Practitioners Who Offer HRT: www.cthcg.org/medical

TranzMission maintains a list of trans-friendly providers in Western North Carolina, including mental health professionals, general practitioners, endocrinologists, and other miscellaneous resources. To report out of date information on TranzMission's resource page or to add additional resources email them at info@tranzmission.org.

www.tranzmission.org/resources.html



SOUTH CAROLINA



MENTAL HEALTH



Landa M. Basham

1565 Skylyn Dr.
Spartanburg, SC 29307
864.585.5010
landa@skylyncounseling.com
www.skylyncounseling.com



Elizabeth Pratt

236 Union St. #2
Spartanburg, SC 29302
864.649.6272



Hadley Mullen

1100 Rutherford Rd.
Greenville, SC 29609
864.467.3434
mullenh@compassofcarolina.org
www.compassofcarolina.org



Charlton Hall - *Transitioning to new office in Travelers Rest, SC*

3527 Pelham Rd #E2
Greenville, SC 29615
864.384.2388



Dr. Jeffrey Smith

2094 Woodruff Rd.
Greenville, SC 29607
864.676.9211

GENERAL PRACTITIONERS



Charleston Health Center

200 Rutledge Ave.
Charleston, SC 29403
843.628.4380



Molly Benedum

877 W Ferris Rd.
Greenville, SC 29605
864.455.7800



Columbia Health Center

2712 Middleburg Dr. Suite 107
Columbia, SC 29204
803.256.4908

MORE RESOURCES IN SOUTH CAROLINA

Gender Bender's Resource Page

www.genderbenders.org/resources.html

SOUTH CAROLINA

LEGAL RESOURCES

Ashley Andrews

544 Savannah Hwy.
Charleston, SC 29407
843.762.3554
andrews@lafondlaw.com

JJ Andrighetti

110 Williams St.
Greenville, SC 29601
864.370.8221
www.jjalaw.com

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82 Church St.
Charleston, SC 29402
843.722.2900
afbleecker@bleeckerlawfirm.com
www.bleeckerlawfirm.net

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Greenville, SC 29601
864.271.1595
info@moonlawsc.com

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Daniel Island, SC 29492
843.747.9540

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843.377.1341
www.mahlawfirm.com

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TENNESSEE

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1800 Volunteer Blvd

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Dr. Tanner - VA Med Center

Johnson City, TN 37684

423.926.1171 Ext. 7709



Saroj Chand

3105 Essary Dr.

Knoxville, TN 37918

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Kathleen Puckett MA, LADC

612 Sevierville Rd.

Maryville, TN 37804

865.724.4923

avfwcc@yahoo.com

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Dr. Terry Edwards

1007 Murfreesboro Rd.

615.791.3449

teredwardstoo@hotmail.com

ENDOCRINOLOGY



Dr. Terri W. Jerkins

2010 Church St. Suite 410

Nashville, TN 37203

615.329.5029

LEGAL RESOURCES

Southeast TN Legal Services

423.756.0128

www.selegal.org

GENERAL PRACTITIONERS



Dr. Bradley N. Bullock

1607 Westgate Cir.

Brentwood, TN 37025

615.376.8195



Donna McCormick NP

9221 Middlebrook Pike Suite 102

Knoxville, TN 37931

865.539.2873



Dr. Rodney Carter

1017 Middle Creek Rd.

Sevierville, TN 37862

865.453.2806

Dr. Gary Smith

1450 Highway 705 Suite 105

Nashville, TN 37221

615.662.0062



Dr. Laura Travers

Maryville, TN

865.681.0103



MENTAL HEALTH



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Dr. Shawn Rubin Psy.D
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Gainesville, VA 20155
703.895.5208
www.gpccva.com

Joan Picket CSAC

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McLean, VA 22101
703.749.7928



Capital Area Health Network
2809 North Avenue #206
Richmond, Virginia 23222
804.780.0840
www.cahealthnet.org



Anne L. Edwards PsyD
7019 Backlick Ct.
Springfield, VA 22151
703.509.6753



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VIRGINIA

ENDOCRINOLOGY



Fan Free Clinic
Transgender Clinic

(Contact Keri)
1010 North Thompson Street
Richmond, Virginia 23230
804.358.6343
kabrams@fanfreeclinic.org
www.fanfreeclinic.org

GENERAL PRACTITIONERS



Capital Area Health Network
2809 North Avenue #206

Richmond, Virginia 23222
804.780.0840
www.cahealthnet.org



Chippenham Family Medicine
681 Hioaks Road

Richmond, Virginia 23225
804.233.9661



Fan Free Clinic
Transgender Clinic

(Contact Keri)
1010 North Thompson Street
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www.fanfreeclinic.org



WEST VIRGINIA

MENTAL HEALTH

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ADDITIONS?

Email Ivy Gibson-Hill at
the Campaign for
Southern Equality at [ivy@
southernequality.org](mailto:ivy@southernequality.org)



RESOURCES FOR FUNDING YOUR TRANSITION

Hi! So, you found the doctor you're looking for, but you don't know how you're going to pay for it? You're in the right place! This section of the guide is all about how to fund your transition.

This section was pulled from another resource guide I created which can be found at www.lgbtrightstoolkit.org. This is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowd-funding. All information contained herein is current, to the best of our knowledge, as of September 2016.

If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at Ivy@southernequality.org.

Additionally the Human Rights Campaign maintains a list of employers who offer at least one trans inclusive healthcare plan that can be found in the Corporate Equality Index, which they publish annually at www.hrc.org/resources/corporate-equality-index-list-of-businesses-with-transgender-inclusive-heal. This has been very helpful for many folks, as you can find employers like Starbucks who offer trans inclusive healthcare plans after only six months of part-time employment.

I know looking at the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces the high rates of under and unemployment that we face. That's why I created this guide, and I hope you'll find it helpful on your journey!

Best Wishes,

Ivy Gibson-Hill
LGBT Rights Toolkit Coordinator
Campaign for Southern Equality

GRANTS & FUNDING FOR TRANSITION EXPENSES

THE JIM COLLINS FOUNDATION

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hembrough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hembrough Legacy Fund.

Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health's (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association, HBGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.

GRANTS & FUNDING FOR TRANSITION EXPENSES

CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

Criteria for the CK Life Scholarship Fund

- Cover Page
- Name (*Both Legal and Preferred, if different*)
- Date of Birth
- Contact Info (*Email and/or Telephone*)
- Must State which ONE Surgery* you are asking for assistance accessing.
- Name of Surgeon(s) you prefer, along with the surgeon's contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

Personal Statement

- Write a personal statement of no more than 1000 words. (*Anything beyond 1000 words will NOT be read.*)
- Detail what efforts you have made to fund raise or save towards your surgery.
- Please include in this statement who will care for you and provide support post-surgery.
- Include how having surgery will impact your life. (*Please be as specific as possible.*)
- What will you do to try and afford surgery if you are not granted a scholarship? (*Be as specific as possible.*)

Professional Letter

- One letter from a Medical OR Mental Health Provider.
- Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (*if any questions about your provider, email us.*)
- Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
- Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.

GRANTS & FUNDING FOR TRANSITION EXPENSES

Personal Reference

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. (*Over 500 words Will NOT be read.*)

Financial Statement

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down (*i.e. \$500 for travel saved, \$1,000 toward surgery saved etc.*)
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing scholarshipfund@ccklife.org. This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) of time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

If you have any questions or concerns regarding this application process, please email: scholarshipfund@ccklife.org

TRANS* LOVE FUND

The Trans* Love Fund is a program of We Are Family, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans* Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans* identified individuals for medical, legal, and emergency living expenses. Apply through www.wearefamilycharleston.org.

POINT 5CC SURGERY FUND

Point 5cc Surgery Fund awards money raised from T-shirt sales to go toward one person's gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over \$1,200 to one person and had 57 nominations and 103 applications. For more information check out www.point5cc.com

GRANTS & FUNDING FOR TRANSITION EXPENSES

RIZI TIMANE MINISTRIES

Transgender Hormone Fund has awarded scholarships of \$1,500 to 6 transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans* person each year.

Please write a letter of interest and email it to rizi@rizitimaneministries.org for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

TUFF

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone's life improves, so will others. While most of TUFF's applicants express need with healthcare issues, it is clear that addressing these problems helps to improve others areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF get on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at www.tufforg.wixsite.com/tuffnew.

THINGS TO KNOW ABOUT INSURANCE COVERAGE

The tides are turning: more and more insurance companies in the United States are accepting the medical necessity of FTM chest surgery and covering this procedure for transgender men.

Additionally, there are a number of states that now prohibit discrimination and legally require insurance companies to provide transgender health coverage.

The medical necessity of GCS has been affirmed by the American Medical Association, American Psychiatric Association, and World Professional Organization for Transgender Health, as well as the insurance company, Aetna.

Keep in mind that coverage varies between health insurance companies, states, and plans. Don't assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section.

COMMON REQUIREMENTS

To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company's basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process.

THINGS TO KNOW ABOUT INSURANCE COVERAGE

THE AFFORDABLE CARE ACT

The Affordable Care Act and The Patient's Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- **Plan cancellations are now illegal:** Canceling a plan used to be a way for health insurers to cancel coverage when a person's health needs changed, such as coming out as transgender.

For more information about the ACA, see this article: <http://obamacarefacts.com/questions/is-there-transgender-health-coverage/>

CROWDFUNDING FOR TRANSITION

PLANNING YOUR CAMPAIGN

- Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
- Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you're overworked, burned out, etc.
- Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
- The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you'll need to re-think your plans.
- Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
- If you're offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under \$50, use your creativity to create attractive "upper end" rewards as well.
- Study successful campaigns and try to reverse-engineer their path to success.

CROWDFUNDING SERVICES

Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or WePay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:

- DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction). 0% Paid accounts also available.
- Fundly 7.9%
- FundRazr 5% + PayPal fees (typically 2.9% plus \$.30 per transaction)
- GiveForward* 7% - **Specifically for medical fundraising**
- GoFundMe 7.9% + 0.30
- GoGetFunding: 4% + PayPal fees (typically 2.9% + \$0.30 per transaction)
- Indiegogo: 4%-9%
- RocketHub: 8% – 12%
- You Caring: \$0 + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction)

GLOSSARY OF TERMS

CISGENDER

A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

DRAG KING

A person who is expressing hyper masculinity through performance art.

DRAG QUEEN

A person who is expressing hyper femininity through performance art.

GENDER

A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

GENDER CONFIRMATION SURGERY

Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of “top surgery”, “bottom surgery”, or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person’s pathway to medical transition is unique. “Gender Confirmation Surgery” is preferable to the previously used term “Gender Reassignment Surgery”, and many consider “sex change surgery” derogatory.

GENDER EXPRESSION

Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone’s gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

GENDER IDENTITY

One’s innermost concept of self as it relates to gender. How individuals experience gender personally. One’s gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

GENDERING

The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.

GLOSSARY OF TERMS

GENDER NON-CONFORMING

A term for individuals whose gender identity or expression falls outside the gender binary of man and woman. Some examples of gender non-conforming identities include genderqueer, agender, bigender, gender fluid, etc.

INTERSEX

A general term used for a variety of conditions in which someone's body doesn't seem to fit the typical definitions of male and female. We often associate intersex with conditions seen at birth, but there are many conditions that aren't seen at birth, such as androgen insensitivity syndrome, for example.

PRONOUN

The words used to refer to someone instead of using their name. He is a masculine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns are the most common way that we gender people.

QUEER

An umbrella term used to refer to sexual and gender minorities that are not cisgender or heterosexual.

TRANSGENDER

An umbrella term for people whose gender identity differs from the sex assigned to them at birth. Transgender is often shortened to "trans", and is inclusive of gender nonconforming identities.

SEX

The categorization of people based on external physical characteristics (e.g., hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital configuration, etc.)

SEXUAL ORIENTATION

A person's sexual identity in relation to the gender or sex they are attracted to.

TRANSGENDER MAN

A person who was assigned the sex of female or intersex at birth and identifies as male.

TRANSGENDER WOMAN

A person who was assigned the sex of male or intersex at birth and identifies as female.

TRANSITION

The period during which a person begins to live as their true gender. Transitioning may include changing one's name, changing their presentation, taking hormones, having surgery, or changing legal documents to reflect their true gender. Or transition may not include any of those things, depending on what that person wants or doesn't want.

ADDITIONAL RESOURCE GUIDES

ARKANSAS

Arkansas Transgender Equality Coalition
www.artranscoalition.org

NORTH CAROLINA

Charlotte Trans Healthcare Group
www.cthcg.org/

TranzMission's Resource Guide
www.tranzmission.org/resources.html

SOUTH CAROLINA

Gender Bender's Resource Page
www.genderbenders.org/resources.html

NATIONAL

Locally Trans
www.locallytrans.com/

Trans Bucket
www.transbucket.com

RAD Remedy
www.radremedy.org/

GLAAD's Trans Resource Page
www.glaad.org/transgender/resources

HRC's Safer Sex for Trans Bodies Guide
www.hrc.org/blog/hrc-foundation-and-whitman-walker-health-release-comprehensive-transge

My Trans Health
www.mytranshealth.com

LGBT Rights Toolkit
by the Campaign for Southern Equality
www.lgbtrightstoolkit.org

ACKNOWLEDGEMENTS

Thank you for checking out *Trans in the South: A Guide to Resources and Services!*

We are grateful to those who maintain other resource guides.

These resources include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, HRC's Safer Sex for Trans Bodies, and trans folks living across the South.

We'd also like to thank providers who have shared information and resources, including Dr. Claire Farel and the Transgender Health Program at WNCCHS.

If you have additional resources to add to *Trans in the South*, or you want to report out-of-date information, please email me at ivy@southernequality.org.

I hope this guide improves your experience accessing services. I give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services and support.

Best wishes,
Ivy Gibson-Hill
LGBT Right Toolkit Coordinator
Campaign for Southern Equality